

# Blaze Dragon

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## EDUCATION

**State University of New York at Cortland, Cortland, NY**

*Bachelor of Science Degree in Physical Education*

Anticipated May 2025

GPA: 3.5/4.0

SUNY Cortland Dean's List in Fall 2020, Spring 2022

SUNY Cortland Presidents List in Fall 2022

## CERTIFICATIONS

- New York State Physical Education teaching certification (K-12) Anticipated June 2025
- New York State Professional Coaching certification Anticipated June 2025
- Red Cross CPR/AED and First Aid certification Valid through December 2025
- Concussion Certification June 2024

## TEACHING EXPERIENCE

**Sample High School, Sample, NY**

Spring 2025

*Student Teacher*

- room for 2-4 bullets here
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**Sample Middle School, Sample, NY**

Spring 2025

*Student Teacher*

- room for 2-4 bullets here
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**Nearby School District, Nearby, NY**

Winter 2025

*Substitute Teacher*

- Taught in different schools within the district for a variety of grades from K-7
- Effectively engaged students and followed teacher lesson plans

**SIMS Lab, SUNY Cortland, Cortland, NY**

*Volunteer*

Spring 2024

- Volunteered at the Sensory Integration Motor Sensory and Multi-Sensory environment lab to provide instruction for two students with different learning abilities
- Created a safe environment for students of different abilities to learn and progress

**Blank Central School District, Blank, NY**

*Field Placement*

Winter 2023

- Observed a middle school and high school Physical Educator teaching 30-50 students
- Assessed middle and high school Physical Educators on their teaching methods and student time-on-task
- Taught several periods of a school day at the middle and high school level for 30-50 students in units of pickle ball, volleyball, and water polo

**Movement Education SUNY Cortland, Cortland, NY**

*Teaching Assistant*

Fall 2023

- Led study sessions for 15-20 college students for exams by providing demonstrations, possible exam questions, and memory techniques
- Facilitated communication between the 20-30 students and professor to help students understand tasks and professor to understand questions

## COACHING EXPERIENCE

### Sample Soccer Club U14 Boys' Team, Sample, NY

Assistant Coach

Summer 2024

- Organized and coordinated drills to help 15-20 players develop basic soccer skills
- Motivated and encouraged players by giving words of advice at games and practices

### Sample High School Ultimate Frisbee Club, Sample, NY

Assistant Coach

Summer 2023

- Demonstrated and clarified strategies and techniques to enhance the learning of 20-30 players
- Employed a variety of motivational techniques with players to help them develop self-confidence

## RELATED EXPERIENCE

### Residence Life and Housing Department, SUNY Cortland, Cortland, NY

Resident Assistant

Fall 2023-Fall 2024

- Served on a duty rotation to supervise a hall of 150-160 college students during evenings
- Facilitated meetings with 20-40 residents on floor to get students involved with the campus

### SUNY Cortland Admissions, Cortland, NY

Tour Guide

Spring 2023-Fall 2024

- Highlighted SUNY Cortland to groups of 5-20 prospective students and families on a weekly basis
- Practiced public speaking by conducting campus tour for prospective students and their families

### Ultimate Frisbee Club SUNY Cortland, Cortland, NY

Captain/President

Fall 2022-Fall 2023

- Taught 20-30 college students how to play ultimate Frisbee by coaching practices
- Supervised the roster and attendance by communicating with players and other officers
- Scheduled 5-6 tournaments per semester

### SUNY Cortland Health Promotion Office, Cortland, NY

Wellness Peer Educator

Fall 2023

- Encouraged healthy lifestyles for college students by advertising different wellness related activities
- Participated in It's On Us sexual assault prevention committee meetings
- Collected data on tobacco use and completed (CITI) Collaborative Institutional Training Initiative

### Cortland Auxiliary Services Corporation Board of Directors, Cortland, NY

Student Representative

Fall 2023

- Attended meetings with 15-25 members and provided student perspective on dining hall preferences
- Voted on matters that come before the board including financials and operations

### Sample Parks and Recreation Department Playground Program, Sample, NY

Camp Counselor

Summer 2023

- Organized games and activities for 30-40 children ages 5 to 13
- Communicated with 20-30 parents and 8-10 staff members daily
- Completed injury reports as necessary using the required injury report form

## PROFESSIONAL MEMBERSHIPS

- SUNY Cortland Alliance for Physical Education Majors
- SUNY Cortland Integrated Sports Club
- New York State Association for Health, Physical Education, Recreation and Dance
- The Society of Health and Physical Educators in America
- Online Physical Education Network

## RECOGNITION & PROFESSIONAL DEVELOPMENT

- Physical Education 256 EDU Honors Recipient, SUNY Cortland February 2024
- Selected for SUNY Cortland Physical Education Portfolio Showcase December 2023
- Attended NYS AHPERD Conference 2023, Verona, NY November 2023
- P.E. Dept. Recognition for Excellent Professional Dispositions May 2023
- Attended SHAPE America Conference 2023, New Orleans, LA April 2023